

# Athletic Clearance

## 2025-2026

**Athletic Clearance is done online ONLY**

Parents of San Dimas Saints and Future Saints Athletes,

### **CURRENT STUDENTS & NEW STUDENTS to San Dimas HIGH SCHOOL (2025-2026)**

- If you are participating in athletics, you will need to get a **physical dated May 1, 2025 or later** that has a stamp and is signed by an MD, PA, NP or DO.
- You will need to go to [www.AthleticClearance.com](http://www.AthleticClearance.com) and create a profile in the 2025-2026 school year.
- Download a copy of the physical paperwork [here](#).
- Parents and students must sign all forms, complete the information and upload your current physical that is dated after May 1, 2025. You will need to have this completed before you can participate or try-out for sports/cheer/dance at San Dimas High School.
- **PLEASE ONLY** select the sports you plan to participate in. Do not select more than three sports. This is extremely important. You can always go back and add a sport later in the school year if you need to do so.

**Please note** that we do not take any physicals in the front office nor will coaches accept any paperwork. All students must be cleared online to participate.

**Multiple Sports** Once you complete a clearance for one sport, most of the information you have entered will be retained in the system. To register for an additional sport, select New Clearance and after you enter the year, school, and sport most of your information will auto fill. It is a good idea to request clearance for all sports you might want to play so you don't have to wait for clearance later in the year.

**Physicals** -The physical form can be downloaded from sandimashigh.com or a paper copy can be picked up in the front office. ***The physical must be signed by an MD, PA, NP or DO.*** We will not accept physicals from a Chiropractor. *The form must be signed by the doctor and also include their stamp.* Once you obtain the completed physical you will need to upload to your profile at [athleticclearance.com](http://athleticclearance.com)